



## Olney Pancake Race Tuesday 21 February 2023 Application

Welcome to the 2023 Pancake Race! To secure your place in this historic Race please complete the form, sign it and then return **as soon as you can** to the Olney Pancake Parlour.

Please read the form carefully as it gives you all the information on timings and what you need to wear and bring on the day. We look forward to seeing you on Race Day 😊

**NAME:**.....

**HOME ADDRESS:**.....

**TELEPHONE NO:**.....

**EMAIL ADDRESS:**.....

**WHERE DO YOU WORK? (if you don't live in Olney) .....**

**RUNNING THREE OR FOUR LEGGED WITH (if applicable) .....**

### RULES FOR THE RACE

To qualify for entry in the Olney Pancake Race competitors must be women of 18 years of age or older and have lived in the town of Olney for at least 3 months prior to the event or, if living away, have their permanent home in the town. Women who work in Olney are also eligible to enter, but priority will be given to residents.

This is an historic Race so we ask you to wear the traditional costume of a skirt, apron, and head scarf, together with the race t-shirt. Please note only Race sponsorship logos are permitted. In addition, you must carry a frying pan containing a pancake.

**You will only need to provide your skirt and a pancake – these are essential items, and you won't be able to run without them!** We will provide you with your race t-shirt, apron, head scarf and frying pan – these items will be part of your prize, kindly donated by Francis Jackson Homes and Dupont™ Teflon®.

**Please be at Race Control in the marquee on the Market Place at 11.00 am.** Race numbers will be allocated and publicity photographs taken prior to the start. The Race will start from the Market Place at 11.55am.

The starter first tells the runners to 'toss their pancakes'. They then start the Race. At the finish the fastest runner is required to toss her pancake before being declared the winner.

*Continued overleaf*

**All runners are required to attend the Shrivng Service in the Church immediately after the Race.**

The winner's prize and prize from Liberal are presented during the service.

All other prizes (including a goody bag for every runner) will be presented in the Church Hall during a live link up with Liberal, Kansas, **starting at 7.00pm**. Liberal run their own Pancake Race and we compare the winning times during this event, to declare the international winner who wins an additional prize; this challenge dates back to 1950. **You are also required to attend this event.**

We hope to attract publicity for the Race both immediately afterwards and in the following year to promote the Race for 2024; this means that photographs and video will be taken throughout the event.

**Please note, all entrants take part in the race at their own risk.**

Please sign the declaration below and return your application form to the **Olney Pancake Parlour** as soon as possible to secure your place and no later than **Tuesday 14 February 2023**. Please note we only have 25 places available, so don't delay! You will receive confirmation of your place via email.

Declaration: I have read and accept the rules governing the Olney Pancake Race and I consent to my photograph/footage of me being taken and used for publicity purposes on the Pancake Race website, Facebook and Instagram accounts, and in local press and tv.

Signed.....Date.....

If, after entering, you wish to withdraw your entry please advise the organisers as soon as possible so we can offer the place to someone on the waiting list.

Any enquiries, please contact Barry Donaldson by email: [entry@olneypancakerace.org](mailto:entry@olneypancakerace.org)

Please follow us on Facebook or Instagram, tell your friends you've entered, and remember that all the details about the rest of the event are on our website:

 [@olneypancakerace](https://www.facebook.com/olneypancakerace)

 [@theolneypancakerace](https://www.instagram.com/theolneypancakerace)

[www.olneypancakerace.org](http://www.olneypancakerace.org)