

PANCAKE RACE Tuesday 25th Feb 2020

NAME:..... AGE.....

HOME ADDRESS:.....

TELEPHONE NO:.....

EMAIL ADDRESS:.....

OCCUPATION:.....

SPONSORING CHARITY (IF APPLICABLE).....

RUNNING THREE OR FOUR LEGGED WITH (if applicable)

RULES FOR COMPETITION

To qualify for entry in the Olney Pancake Race competitors must be women of 18 years of age or older and have lived in the town of Olney for at least 3 months prior to the event or, if living away, have their permanent home in the town.

For the race, runners must wear the traditional costume of a housewife including a skirt, running t-shirt, apron and head covering*. they must carry a frying pan* containing a home cooked pancake. Only authorised sponsorship logos are permitted, but charitable sponsorship is encouraged.

You will need to provide a skirt and a pancake. *Running t-shirt, apron, head covering and frying pan* will be provided. This will be part of your prize, kindly donated by Francis Jackson homes and Dupont™ Teflon®.

The race will start from the Market Place at 11.55am. **Runner need to be at race control in the marquee at 11.00 am.** Race numbers will be allocated and publicity photographs taken prior to the start.

The starter first tells the runners to 'toss their pancakes'. He/she then starts the race. At the finish the winner is required to toss her pancake before being declared the winner.

Runners are required to attend the shriving service in the church after the race. The official Olney and Liberal prizes are presented during the service. The Prize giving (including a goody bag for every runner) will take place in the Church Hall during the link with Liberal, Kansas. This evening event starts at 7.00pm. **You are required to attend the evening event.**

All entrants take part in the race at their own risk.

Declaration: I have read and accept the rules governing the Olney Pancake Race.

Signed.....Date.....

If, after entering, you wish to withdraw your entry please advise the organisers (as there are only 25 places available and most years there is a waiting list for a place).

Please return this form to the Olney Pancake Parlour by Tuesday 18th February 2020.

Any enquiries please contact Hayley Taylor on email info@olneypancakerace.org